

19-21
декабря 2024



XVIII КУБОК ВЛАДИМИРА САЛЬНИКОВА

МЕЖДУНАРОДНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ

124

, 400m

20.12.2024 - 19:27

WR	3:50.25	MCINTOSH Summer	CAN	Budapest (HUN)	10.12.2024
WJ	3:50.25	MCINTOSH Summer	CAN	Budapest (HUN)	10.12.2024
CR	4:00.15				

: AQUA 2024

								R.T.				
1.			2008			RUS	+0,75	4:01.16		882		
	25m:	13.23	13.23	125m:	1:12.18	15.05	225m:	2:13.39	15.29	325m:	3:15.60	15.55
	50m:	27.59	14.36	150m:	1:27.54	15.36	250m:	2:28.91	15.52	350m:	3:31.08	15.48
	75m:	42.34	14.75	175m:	1:42.79	15.25	275m:	2:44.50	15.59	375m:	3:46.43	15.35
	100m:	57.13	14.79	200m:	1:58.10	15.31	300m:	3:00.05	15.55	400m:	4:01.16	14.73
2.			2009			RUS	+0,68	4:06.61		825		
	25m:	13.20	13.20	125m:	1:13.49	15.41	225m:	2:16.63	15.70	325m:	3:19.80	15.68
	50m:	27.77	14.57	150m:	1:29.28	15.79	250m:	2:32.35	15.72	350m:	3:35.68	15.88
	75m:	42.73	14.96	175m:	1:45.09	15.81	275m:	2:48.01	15.66	375m:	3:51.17	15.49
	100m:	58.08	15.35	200m:	2:00.93	15.84	300m:	3:04.12	16.11	400m:	4:06.61	15.44
3.			2006			RUS	+0,68	4:07.67		814		
	25m:	13.43	13.43	125m:	1:13.98	15.50	225m:	2:16.85	15.69	325m:	3:20.27	15.83
	50m:	28.13	14.70	150m:	1:29.67	15.69	250m:	2:32.73	15.88	350m:	3:36.23	15.96
	75m:	43.15	15.02	175m:	1:45.34	15.67	275m:	2:48.42	15.69	375m:	3:52.12	15.89
	100m:	58.48	15.33	200m:	2:01.16	15.82	300m:	3:04.44	16.02	400m:	4:07.67	15.55
4.			2008			RUS	+0,76	4:11.18		780		
	25m:	13.78	13.78	125m:	1:15.25	15.67	225m:	2:19.24	16.06	325m:	3:24.18	16.26
	50m:	28.70	14.92	150m:	1:31.11	15.86	250m:	2:35.46	16.22	350m:	3:40.41	16.23
	75m:	44.04	15.34	175m:	1:47.10	15.99	275m:	2:51.62	16.16	375m:	3:56.31	15.90
	100m:	59.58	15.54	200m:	2:03.18	16.08	300m:	3:07.92	16.30	400m:	4:11.18	14.87
5.			2008		-	RUS	+0,76	4:11.26		780		
	25m:	14.07	14.07	125m:	1:16.55	15.72	225m:	2:20.10	15.79	325m:	3:24.35	16.21
	50m:	29.54	15.47	150m:	1:32.39	15.84	250m:	2:36.00	15.90	350m:	3:40.35	16.00
	75m:	45.11	15.57	175m:	1:48.40	16.01	275m:	2:52.06	16.06	375m:	3:56.28	15.93
	100m:	1:00.83	15.72	200m:	2:04.31	15.91	300m:	3:08.14	16.08	400m:	4:11.26	14.98
6.			2006			RUS	+0,72	4:12.28		770		
	25m:	14.00	14.00	125m:	1:17.50	16.10	225m:	2:21.12	15.78	325m:	3:25.41	16.04
	50m:	29.84	15.84	150m:	1:33.56	16.06	250m:	2:37.20	16.08	350m:	3:41.43	16.02
	75m:	45.45	15.61	175m:	1:49.43	15.87	275m:	2:53.20	16.00	375m:	3:57.19	15.76
	100m:	1:01.40	15.95	200m:	2:05.34	15.91	300m:	3:09.37	16.17	400m:	4:12.28	15.09
7.			2007			RUS	+0,71	4:12.66		767		
	25m:	14.17	14.17	125m:	1:17.06	15.80	225m:	2:20.92	15.89	325m:	3:25.25	16.15
	50m:	29.69	15.52	150m:	1:33.09	16.03	250m:	2:37.04	16.12	350m:	3:41.57	16.32
	75m:	45.38	15.69	175m:	1:48.97	15.88	275m:	2:52.96	15.92	375m:	3:57.64	16.07
	100m:	1:01.26	15.88	200m:	2:05.03	16.06	300m:	3:09.10	16.14	400m:	4:12.66	15.02
8.			2004			RUS	+0,78	4:13.21		762		
	25m:	13.96	13.96	125m:	1:16.26	15.76	225m:	2:20.06	15.92	325m:	3:25.12	16.29
	50m:	29.30	15.34	150m:	1:32.22	15.96	250m:	2:36.23	16.17	350m:	3:41.48	16.36
	75m:	44.77	15.47	175m:	1:48.16	15.94	275m:	2:52.42	16.19	375m:	3:57.72	16.24
	100m:	1:00.50	15.73	200m:	2:04.14	15.98	300m:	3:08.83	16.41	400m:	4:13.21	15.49