



29

, 400m

22.12.2020 - 10:50

WR	3:53.92	TITMUS Ariarne	AUS	Hangzhou (CHN)	14.12.2018
ER	3:54.52	BELMONTE GARCIA Mireia	ESP	Berlin (GER)	11.08.2013
	3:58.25		-1		08.11.2019
WJ	3:53.97	WANG Jianjiahe	CHN	Budapest (HUN)	04.10.2018
EJ	3:58.91	GOSE Isabel Marie	GER	Berlin (GER)	17.11.2019
	4:03.08				10.11.2015
CR	4:00.15		-		

: FINA 2020

						R.T.		FINA	
1.		2002				RUS +0,71	4:11.38	805	Q
	50m: 28.98	28.98	150m: 1:32.91	32.05	250m: 2:37.22	32.10	350m: 3:40.96	31.70	
	100m: 1:00.86	31.88	200m: 2:05.12	32.21	300m: 3:09.26	32.04	400m: 4:11.38	30.42	
2.		1998	-	-		RUS +0,72	4:11.45	805	Q
	50m: 29.09	29.09	150m: 1:32.96	32.23	250m: 2:37.11	31.91	350m: 3:40.76	31.82	
	100m: 1:00.73	31.64	200m: 2:05.20	32.24	300m: 3:08.94	31.83	400m: 4:11.45	30.69	
3.		2003	-	-		RUS +0,74	4:13.88	782	Q
	50m: 28.67	28.67	150m: 1:34.05	32.99	250m: 2:38.33	32.00	350m: 3:42.74	32.26	
	100m: 1:01.06	32.39	200m: 2:06.33	32.28	300m: 3:10.48	32.15	400m: 4:13.88	31.14	
4.		2004				RUS +0,75	4:18.90	737	Q
	50m: 30.52	30.52	150m: 1:36.50	32.99	250m: 2:41.99	32.64	350m: 3:47.36	32.64	
	100m: 1:03.51	32.99	200m: 2:09.35	32.85	300m: 3:14.72	32.73	400m: 4:18.90	31.54	
5.		1998				RUS +0,74	4:22.56	707	Q
	50m: 30.52	30.52	150m: 1:37.43	33.64	250m: 2:43.00	32.61	350m: 3:49.44	33.65	
	100m: 1:03.79	33.27	200m: 2:10.39	32.96	300m: 3:15.79	32.79	400m: 4:22.56	33.12	
6.		2006	-	-		RUS +0,71	4:24.06	695	Q
	50m: 30.18	30.18	150m: 1:37.22	33.66	250m: 2:44.36	33.47	350m: 3:50.96	33.31	
	100m: 1:03.56	33.38	200m: 2:10.89	33.67	300m: 3:17.65	33.29	400m: 4:24.06	33.10	
7.		2003				RUS +0,73	4:28.80	659	Q
	50m: 30.62	30.62	150m: 1:37.76	33.75	250m: 2:46.04	34.18	350m: 3:54.79	34.29	
	100m: 1:04.01	33.39	200m: 2:11.86	34.10	300m: 3:20.50	34.46	400m: 4:28.80	34.01	
8.		2000	-	-		RUS +0,77	4:33.64	624	Q
	50m: 31.16	31.16	150m: 1:40.14	34.97	250m: 2:49.72	34.85	350m: 3:59.92	35.06	
	100m: 1:05.17	34.01	200m: 2:14.87	34.73	300m: 3:24.86	35.14	400m: 4:33.64	33.72	
DNS		2005				RUS			

СПОНСОРЫ СОРЕВНОВАНИЙ:

