



Кубок Владимира Сальникова Vladimir Salnikov Cup



международные
соревнования по плаванию
international swimming competitions

129

, 1500m

22.12.2018 - 17:15

: FINA 2018

						R.T.			FINA		
1.	WELLBROCK Florian		1997	SC Magdeburg		GER	+0,65	14:28.19		932	
	50m: 26.27	26.27	450m: 4:17.20	29.04	850m: 8:10.05	29.05		1250m: 12:03.72	29.24		
	100m: 54.97	28.70	500m: 4:46.34	29.14	900m: 8:39.16	29.11		1300m: 12:32.79	29.07		
	150m: 1:23.89	28.92	550m: 5:15.43	29.09	950m: 9:08.25	29.09		1350m: 13:02.11	29.32		
	200m: 1:52.78	28.89	600m: 5:44.35	28.92	1000m: 9:37.70	29.45		1400m: 13:31.11	29.00		
	250m: 2:21.43	28.65	650m: 6:13.53	29.18	1050m: 10:06.96	29.26		1450m: 14:00.09	28.98		
	300m: 2:50.29	28.86	700m: 6:42.73	29.20	1100m: 10:36.26	29.30		1500m: 14:28.19	28.10		
	350m: 3:19.20	28.91	750m: 7:12.06	29.33	1150m: 11:05.44	29.18					
	400m: 3:48.16	28.96	800m: 7:41.00	28.94	1200m: 11:34.48	29.04					
2.			1999	-		RUS	+0,57	14:42.15		888	
	50m: 26.37	26.37	450m: 4:19.69	29.41	850m: 8:16.87	29.64		1250m: 12:15.05	29.78		
	100m: 55.32	28.95	500m: 4:49.38	29.69	900m: 8:46.66	29.79		1300m: 12:45.18	30.13		
	150m: 1:24.37	29.05	550m: 5:18.97	29.59	950m: 9:16.44	29.78		1350m: 13:14.85	29.67		
	200m: 1:53.44	29.07	600m: 5:48.42	29.45	1000m: 9:46.29	29.85		1400m: 13:44.82	29.97		
	250m: 2:22.55	29.11	650m: 6:18.13	29.71	1050m: 10:16.04	29.75		1450m: 14:14.57	29.75		
	300m: 2:51.81	29.26	700m: 6:47.81	29.68	1100m: 10:45.80	29.76		1500m: 14:42.15	27.58		
	350m: 3:20.99	29.18	750m: 7:17.65	29.84	1150m: 11:15.48	29.68					
	400m: 3:50.28	29.29	800m: 7:47.23	29.58	1200m: 11:45.27	29.79					
3.			1997			RUS	+0,75	14:48.22		870	
	50m: 27.09	27.09	450m: 4:24.27	29.76	850m: 8:22.81	29.94		1250m: 12:21.70	29.60		
	100m: 56.28	29.19	500m: 4:54.19	29.92	900m: 8:52.74	29.93		1300m: 12:51.25	29.55		
	150m: 1:25.86	29.58	550m: 5:23.85	29.66	950m: 9:22.76	30.02		1350m: 13:20.83	29.58		
	200m: 1:55.64	29.78	600m: 5:53.52	29.67	1000m: 9:52.88	30.12		1400m: 13:50.65	29.82		
	250m: 2:25.52	29.88	650m: 6:23.22	29.70	1050m: 10:22.63	29.75		1450m: 14:20.45	29.80		
	300m: 2:55.23	29.71	700m: 6:52.97	29.75	1100m: 10:52.58	29.95		1500m: 14:48.22	27.77		
	350m: 3:24.83	29.60	750m: 7:22.98	30.01	1150m: 11:22.32	29.74					
	400m: 3:54.51	29.68	800m: 7:52.87	29.89	1200m: 11:52.10	29.78					
4.			2002	-		RUS	+0,76	14:50.91		862	
	50m: 27.35	27.35	450m: 4:24.57	29.89	850m: 8:23.94	30.11		1250m: 12:23.34	30.10		
	100m: 56.69	29.34	500m: 4:54.40	29.83	900m: 8:54.01	30.07		1300m: 12:53.50	30.16		
	150m: 1:26.04	29.35	550m: 5:24.15	29.75	950m: 9:23.93	29.92		1350m: 13:23.61	30.11		
	200m: 1:55.79	29.75	600m: 5:54.07	29.92	1000m: 9:53.60	29.67		1400m: 13:53.69	30.08		
	250m: 2:25.37	29.58	650m: 6:24.05	29.98	1050m: 10:23.49	29.89		1450m: 14:22.76	29.07		
	300m: 2:54.98	29.61	700m: 6:53.90	29.85	1100m: 10:53.41	29.92		1500m: 14:50.91	28.15		
	350m: 3:24.79	29.81	750m: 7:23.98	30.08	1150m: 11:23.35	29.94					
	400m: 3:54.68	29.89	800m: 7:53.83	29.85	1200m: 11:53.24	29.89					
5.			1998	-		RUS	+0,67	15:08.98		812	
	50m: 26.88	26.88	450m: 4:28.60	30.68	850m: 8:31.91	30.48		1250m: 12:36.75	31.00		
	100m: 56.33	29.45	500m: 4:59.17	30.57	900m: 9:02.47	30.56		1300m: 13:07.35	30.60		
	150m: 1:26.08	29.75	550m: 5:29.31	30.14	950m: 9:33.05	30.58		1350m: 13:38.45	31.10		
	200m: 1:56.02	29.94	600m: 5:59.66	30.35	1000m: 10:03.73	30.68		1400m: 14:09.16	30.71		
	250m: 2:26.20	30.18	650m: 6:30.17	30.51	1050m: 10:34.04	30.31		1450m: 14:39.41	30.25		
	300m: 2:56.48	30.28	700m: 7:00.60	30.43	1100m: 11:04.62	30.58		1500m: 15:08.98	29.57		
	350m: 3:27.07	30.59	750m: 7:31.20	30.60	1150m: 11:35.08	30.46					
	400m: 3:57.92	30.85	800m: 8:01.43	30.23	1200m: 12:05.75	30.67					
6.			2001			RUS	+0,75	15:10.31		808	
	50m: 27.79	27.79	450m: 4:29.13	30.49	850m: 8:31.08	30.13		1250m: 12:34.90	30.87		
	100m: 57.38	29.59	500m: 4:59.38	30.25	900m: 9:01.35	30.27		1300m: 13:05.70	30.80		
	150m: 1:27.43	30.05	550m: 5:29.74	30.36	950m: 9:31.67	30.32		1350m: 13:36.74	31.04		
	200m: 1:57.51	30.08	600m: 6:00.06	30.32	1000m: 10:01.85	30.18		1400m: 14:08.67	31.93		
	250m: 2:27.64	30.13	650m: 6:30.38	30.32	1050m: 10:32.20	30.35		1450m: 14:40.73	32.06		
	300m: 2:57.83	30.19	700m: 7:00.38	30.00	1100m: 11:02.93	30.73		1500m: 15:10.31	29.58		
	350m: 3:28.41	30.58	750m: 7:30.67	30.29	1150m: 11:33.68	30.75					
	400m: 3:58.64	30.23	800m: 8:00.95	30.28	1200m: 12:04.03	30.35					

OMEGA

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Кубок Владимира Сальникова Vladimir Salnikov Cup



**международные
соревнования по плаванию**
international swimming competitions

129, , 1500m ,

								R.T.			FINA	
7.			1998				RUS +0,72	15:11.36		805		
	50m:	27.35	27.35	450m:	4:24.84	29.72	850m:	8:28.81	31.09	1250m:	12:38.11	31.19
	100m:	56.50	29.15	500m:	4:54.80	29.96	900m:	8:59.76	30.95	1300m:	13:09.34	31.23
	150m:	1:25.97	29.47	550m:	5:24.90	30.10	950m:	9:31.15	31.39	1350m:	13:40.67	31.33
	200m:	1:55.43	29.46	600m:	5:54.95	30.05	1000m:	10:02.32	31.17	1400m:	14:11.98	31.31
	250m:	2:25.35	29.92	650m:	6:25.34	30.39	1050m:	10:33.46	31.14	1450m:	14:42.81	30.83
	300m:	2:55.04	29.69	700m:	6:55.97	30.63	1100m:	11:04.71	31.25	1500m:	15:11.36	28.55
	350m:	3:25.10	30.06	750m:	7:26.84	30.87	1150m:	11:35.75	31.04			
	400m:	3:55.12	30.02	800m:	7:57.72	30.88	1200m:	12:06.92	31.17			
8.			1997				RUS +0,75	15:13.75		799		
	50m:	28.19	28.19	450m:	4:34.44	30.54	850m:	8:39.39	30.60	1250m:	12:43.40	30.51
	100m:	58.85	30.66	500m:	5:05.10	30.66	900m:	9:09.84	30.45	1300m:	13:13.90	30.50
	150m:	1:29.69	30.84	550m:	5:35.54	30.44	950m:	9:40.30	30.46	1350m:	13:44.44	30.54
	200m:	2:00.59	30.90	600m:	6:05.93	30.39	1000m:	10:10.77	30.47	1400m:	14:14.93	30.49
	250m:	2:31.35	30.76	650m:	6:36.62	30.69	1050m:	10:41.36	30.59	1450m:	14:45.52	30.59
	300m:	3:02.24	30.89	700m:	7:07.32	30.70	1100m:	11:11.87	30.51	1500m:	15:13.75	28.23
	350m:	3:33.07	30.83	750m:	7:38.00	30.68	1150m:	11:42.48	30.61			
	400m:	4:03.90	30.83	800m:	8:08.79	30.79	1200m:	12:12.89	30.41			
9.			1999				RUS +0,76	15:14.34		797		
	50m:	27.55	27.55	450m:	4:28.54	30.47	850m:	8:31.92	30.38	1250m:	12:37.79	30.94
	100m:	57.26	29.71	500m:	4:59.04	30.50	900m:	9:02.51	30.59	1300m:	13:08.76	30.97
	150m:	1:26.66	29.40	550m:	5:29.30	30.26	950m:	9:33.05	30.54	1350m:	13:40.18	31.42
	200m:	1:56.91	30.25	600m:	5:59.73	30.43	1000m:	10:03.84	30.79	1400m:	14:11.27	31.09
	250m:	2:26.98	30.07	650m:	6:30.01	30.28	1050m:	10:34.66	30.82	1450m:	14:42.82	31.55
	300m:	2:57.08	30.10	700m:	7:00.31	30.30	1100m:	11:05.25	30.59	1500m:	15:14.34	31.52
	350m:	3:27.56	30.48	750m:	7:30.86	30.55	1150m:	11:36.04	30.79			
	400m:	3:58.07	30.51	800m:	8:01.54	30.68	1200m:	12:06.85	30.81			
10.			2001				RUS +0,70	15:15.91		793		
	50m:	27.52	27.52	450m:	4:33.74	30.56	850m:	8:38.76	30.29	1250m:	12:44.70	30.53
	100m:	58.08	30.56	500m:	5:04.22	30.48	900m:	9:09.20	30.44	1300m:	13:15.34	30.64
	150m:	1:29.11	31.03	550m:	5:34.79	30.57	950m:	9:40.17	30.97	1350m:	13:46.08	30.74
	200m:	2:00.10	30.99	600m:	6:05.57	30.78	1000m:	10:10.89	30.72	1400m:	14:16.90	30.82
	250m:	2:30.85	30.75	650m:	6:36.51	30.94	1050m:	10:41.64	30.75	1450m:	14:47.02	30.12
	300m:	3:01.69	30.84	700m:	7:07.41	30.90	1100m:	11:12.49	30.85	1500m:	15:15.91	28.89
	350m:	3:32.47	30.78	750m:	7:38.10	30.69	1150m:	11:43.41	30.92			
	400m:	4:03.18	30.71	800m:	8:08.47	30.37	1200m:	12:14.17	30.76			
11.			1998				RUS +0,87	15:16.71		791		
	50m:	28.57	28.57	450m:	4:32.96	30.63	850m:	8:39.60	30.50	1250m:	12:45.82	30.84
	100m:	59.01	30.44	500m:	5:03.64	30.68	900m:	9:10.02	30.42	1300m:	13:16.67	30.85
	150m:	1:29.31	30.30	550m:	5:34.47	30.83	950m:	9:40.79	30.77	1350m:	13:47.48	30.81
	200m:	1:59.80	30.49	600m:	6:05.11	30.64	1000m:	10:11.60	30.81	1400m:	14:18.22	30.74
	250m:	2:30.48	30.68	650m:	6:35.96	30.85	1050m:	10:42.46	30.86	1450m:	14:48.46	30.24
	300m:	3:01.08	30.60	700m:	7:06.98	31.02	1100m:	11:13.20	30.74	1500m:	15:16.71	28.25
	350m:	3:31.75	30.67	750m:	7:38.12	31.14	1150m:	11:44.15	30.95			
	400m:	4:02.33	30.58	800m:	8:09.10	30.98	1200m:	12:14.98	30.83			
12.			2000		-		RUS	15:18.43		787		
	50m:	27.26	27.26	450m:	4:28.15	30.26	850m:	8:33.69	30.90	1250m:	12:43.01	31.28
	100m:	56.93	29.67	500m:	4:58.62	30.47	900m:	9:04.84	31.15	1300m:	13:14.38	31.37
	150m:	1:26.95	30.02	550m:	5:29.04	30.42	950m:	9:36.04	31.20	1350m:	13:46.02	31.64
	200m:	1:56.89	29.94	600m:	5:59.59	30.55	1000m:	10:07.23	31.19	1400m:	14:17.35	31.33
	250m:	2:26.75	29.86	650m:	6:30.39	30.80	1050m:	10:38.46	31.23	1450m:	14:48.52	31.17
	300m:	2:56.93	30.18	700m:	7:01.41	31.02	1100m:	11:09.69	31.23	1500m:	15:18.43	29.91
	350m:	3:27.14	30.21	750m:	7:32.15	30.74	1150m:	11:40.74	31.05			
	400m:	3:57.89	30.75	800m:	8:02.79	30.64	1200m:	12:11.73	30.99			

OMEGA





Кубок Владимира Сальникова Vladimir Salnikov Cup



международные
соревнования по плаванию
international swimming competitions

129, , 1500m ,

						R.T.				FINA	
13.	BETH Silas		2003	SG Bad Schwartau		GER	+0,74	15:20.83		781	
50m:	28.61	28.61	450m:	4:34.75	30.59	850m:	8:40.26	30.72	1250m:	12:47.60	30.95
100m:	59.42	30.81	500m:	5:05.42	30.67	900m:	9:11.28	31.02	1300m:	13:19.12	31.52
150m:	1:30.38	30.96	550m:	5:36.06	30.64	950m:	9:42.13	30.85	1350m:	13:50.30	31.18
200m:	2:00.95	30.57	600m:	6:06.58	30.52	1000m:	10:12.96	30.83	1400m:	14:21.86	31.56
250m:	2:31.64	30.69	650m:	6:37.92	31.34	1050m:	10:43.82	30.86	1450m:	14:52.87	31.01
300m:	3:02.48	30.84	700m:	7:08.63	30.71	1100m:	11:14.91	31.09	1500m:	15:20.83	27.96
350m:	3:33.50	31.02	750m:	7:38.86	30.23	1150m:	11:45.73	30.82			
400m:	4:04.16	30.66	800m:	8:09.54	30.68	1200m:	12:16.65	30.92			
14.			2003			RUS	+0,71	15:21.33		779	
50m:	28.47	28.47	450m:	4:34.80	30.97	850m:	8:41.93	30.91	1250m:	12:51.05	31.18
100m:	59.41	30.94	500m:	5:05.70	30.90	900m:	9:13.06	31.13	1300m:	13:22.62	31.57
150m:	1:30.39	30.98	550m:	5:36.80	31.10	950m:	9:44.15	31.09	1350m:	13:53.35	30.73
200m:	2:01.43	31.04	600m:	6:07.64	30.84	1000m:	10:15.21	31.06	1400m:	14:24.13	30.78
250m:	2:31.95	30.52	650m:	6:38.48	30.84	1050m:	10:46.32	31.11	1450m:	14:54.33	30.20
300m:	3:02.52	30.57	700m:	7:09.59	31.11	1100m:	11:17.66	31.34	1500m:	15:21.33	27.00
350m:	3:33.20	30.68	750m:	7:40.36	30.77	1150m:	11:48.90	31.24			
400m:	4:03.83	30.63	800m:	8:11.02	30.66	1200m:	12:19.87	30.97			
15.			1997			RUS	+0,69	15:23.92		773	
50m:	28.16	28.16	450m:	4:33.04	31.10	850m:	8:41.66	31.01	1250m:	12:50.47	31.25
100m:	58.16	30.00	500m:	5:04.14	31.10	900m:	9:12.77	31.11	1300m:	13:21.91	31.44
150m:	1:28.24	30.08	550m:	5:35.16	31.02	950m:	9:43.82	31.05	1350m:	13:52.99	31.08
200m:	1:58.74	30.50	600m:	6:06.25	31.09	1000m:	10:14.85	31.03	1400m:	14:23.95	30.96
250m:	2:29.35	30.61	650m:	6:37.46	31.21	1050m:	10:45.81	30.96	1450m:	14:55.26	31.31
300m:	3:00.23	30.88	700m:	7:08.76	31.30	1100m:	11:16.84	31.03	1500m:	15:23.92	28.66
350m:	3:31.08	30.85	750m:	7:39.73	30.97	1150m:	11:48.16	31.32			
400m:	4:01.94	30.86	800m:	8:10.65	30.92	1200m:	12:19.22	31.06			
16.			1994			RUS	+0,75	15:26.05		768	
50m:	27.86	27.86	450m:	4:34.45	30.84	850m:	8:40.61	30.69	1250m:	12:49.73	31.41
100m:	58.50	30.64	500m:	5:05.54	31.09	900m:	9:11.64	31.03	1300m:	13:21.25	31.52
150m:	1:29.51	31.01	550m:	5:36.33	30.79	950m:	9:42.75	31.11	1350m:	13:52.68	31.43
200m:	2:00.39	30.88	600m:	6:06.90	30.57	1000m:	10:13.67	30.92	1400m:	14:24.43	31.75
250m:	2:31.05	30.66	650m:	6:37.57	30.67	1050m:	10:45.09	31.42	1450m:	14:56.03	31.60
300m:	3:02.25	31.20	700m:	7:08.39	30.82	1100m:	11:16.08	30.99	1500m:	15:26.05	30.02
350m:	3:33.01	30.76	750m:	7:39.09	30.70	1150m:	11:47.25	31.17			
400m:	4:03.61	30.60	800m:	8:09.92	30.83	1200m:	12:18.32	31.07			
17.			2002			RUS	+0,64	15:34.65		747	
50m:	27.53	27.53	450m:	4:32.00	30.36	850m:	8:39.87	30.71	1250m:	12:51.38	32.94
100m:	57.96	30.43	500m:	5:03.01	31.01	900m:	9:10.91	31.04	1300m:	13:24.69	33.31
150m:	1:28.77	30.81	550m:	5:33.68	30.67	950m:	9:41.79	30.88	1350m:	13:58.37	33.68
200m:	1:59.16	30.39	600m:	6:04.73	31.05	1000m:	10:13.36	31.57	1400m:	14:31.39	33.02
250m:	2:29.91	30.75	650m:	6:35.96	31.23	1050m:	10:45.04	31.68	1450m:	15:03.48	32.09
300m:	3:00.45	30.54	700m:	7:07.14	31.18	1100m:	11:16.07	31.03	1500m:	15:34.65	31.17
350m:	3:31.15	30.70	750m:	7:38.20	31.06	1150m:	11:47.10	31.03			
400m:	4:01.64	30.49	800m:	8:09.16	30.96	1200m:	12:18.44	31.34			
18.			1999			KAZ	+0,79	15:40.58		732	
50m:	28.22	28.22	450m:	4:35.57	31.10	850m:	8:49.58	31.31	1250m:	13:05.34	31.59
100m:	58.96	30.74	500m:	5:06.99	31.42	900m:	9:21.39	31.81	1300m:	13:36.82	31.48
150m:	1:29.70	30.74	550m:	5:38.37	31.38	950m:	9:53.63	32.24	1350m:	14:08.55	31.73
200m:	2:00.42	30.72	600m:	6:09.94	31.57	1000m:	10:25.59	31.96	1400m:	14:39.75	31.20
250m:	2:31.25	30.83	650m:	6:41.82	31.88	1050m:	10:57.75	32.16	1450m:	15:11.19	31.44
300m:	3:02.20	30.95	700m:	7:13.85	32.03	1100m:	11:29.89	32.14	1500m:	15:40.58	29.39
350m:	3:33.17	30.97	750m:	7:46.26	32.41	1150m:	12:01.84	31.95			
400m:	4:04.47	31.30	800m:	8:18.27	32.01	1200m:	12:33.75	31.91			

OMEGA





Кубок Владимира Сальникова Vladimir Salnikov Cup



международные
соревнования по плаванию
international swimming competitions

129, , 1500m ,

							R.T.		FINA		
19.			1994			KAZ	+0,84	15:42.30	728		
50m:	27.96	27.96	450m:	4:36.04	31.42	850m:	8:48.69	31.39	1250m:	13:05.29	32.13
100m:	58.34	30.38	500m:	5:07.33	31.29	900m:	9:20.61	31.92	1300m:	13:37.12	31.83
150m:	1:28.72	30.38	550m:	5:38.77	31.44	950m:	9:52.78	32.17	1350m:	14:08.89	31.77
200m:	1:59.60	30.88	600m:	6:10.37	31.60	1000m:	10:24.68	31.90	1400m:	14:40.40	31.51
250m:	2:30.81	31.21	650m:	6:42.06	31.69	1050m:	10:56.78	32.10	1450m:	15:12.04	31.64
300m:	3:02.00	31.19	700m:	7:13.98	31.92	1100m:	11:29.07	32.29	1500m:	15:42.30	30.26
350m:	3:33.31	31.31	750m:	7:45.76	31.78	1150m:	12:01.11	32.04			
400m:	4:04.62	31.31	800m:	8:17.30	31.54	1200m:	12:33.16	32.05			
20.			1997			RUS	+0,79	15:42.45	728		
50m:	28.87	28.87	450m:	4:36.49	31.11	850m:	8:47.41	31.63	1250m:	13:02.30	31.99
100m:	59.35	30.48	500m:	5:07.71	31.22	900m:	9:19.00	31.59	1300m:	13:34.26	31.96
150m:	1:29.99	30.64	550m:	5:38.84	31.13	950m:	9:50.75	31.75	1350m:	14:06.16	31.90
200m:	2:00.83	30.84	600m:	6:10.15	31.31	1000m:	10:22.59	31.84	1400m:	14:38.29	32.13
250m:	2:31.97	31.14	650m:	6:41.33	31.18	1050m:	10:54.31	31.72	1450m:	15:10.54	32.25
300m:	3:03.12	31.15	700m:	7:12.61	31.28	1100m:	11:26.30	31.99	1500m:	15:42.45	31.91
350m:	3:34.37	31.25	750m:	7:44.20	31.59	1150m:	11:58.27	31.97			
400m:	4:05.38	31.01	800m:	8:15.78	31.58	1200m:	12:30.31	32.04			
21.			2001			RUS	+0,74	15:43.35	726		
50m:	28.32	28.32	450m:	4:36.27	31.29	850m:	8:49.33	31.88	1250m:	13:05.10	32.11
100m:	59.00	30.68	500m:	5:07.39	31.12	900m:	9:21.40	32.07	1300m:	13:37.15	32.05
150m:	1:30.11	31.11	550m:	5:39.02	31.63	950m:	9:53.48	32.08	1350m:	14:09.31	32.16
200m:	2:01.06	30.95	600m:	6:10.75	31.73	1000m:	10:25.54	32.06	1400m:	14:41.22	31.91
250m:	2:31.90	30.84	650m:	6:41.96	31.21	1050m:	10:57.09	31.55	1450m:	15:13.10	31.88
300m:	3:02.60	30.70	700m:	7:13.74	31.78	1100m:	11:29.01	31.92	1500m:	15:43.35	30.25
350m:	3:33.84	31.24	750m:	7:45.49	31.75	1150m:	12:01.02	32.01			
400m:	4:04.98	31.14	800m:	8:17.45	31.96	1200m:	12:32.99	31.97			
22.			2001			RUS	+0,75	15:44.70	723		
50m:	27.25	27.25	450m:	4:33.34	31.42	850m:	8:48.26	31.76	1250m:	13:06.25	32.54
100m:	57.44	30.19	500m:	5:05.20	31.86	900m:	9:20.49	32.23	1300m:	13:38.41	32.16
150m:	1:28.21	30.77	550m:	5:37.01	31.81	950m:	9:52.64	32.15	1350m:	14:10.71	32.30
200m:	1:59.05	30.84	600m:	6:08.97	31.96	1000m:	10:24.81	32.17	1400m:	14:43.03	32.32
250m:	2:29.77	30.72	650m:	6:41.01	32.04	1050m:	10:57.30	32.49	1450m:	15:14.96	31.93
300m:	3:00.44	30.67	700m:	7:12.87	31.86	1100m:	11:28.87	31.57	1500m:	15:44.70	29.74
350m:	3:31.16	30.72	750m:	7:44.57	31.70	1150m:	12:01.34	32.47			
400m:	4:01.92	30.76	800m:	8:16.50	31.93	1200m:	12:33.71	32.37			
23.			2002			MDA	+0,72	15:52.26	706		
50m:	28.25	28.25	450m:	4:41.05	32.22	850m:	8:59.07	32.34	1250m:	13:17.26	32.12
100m:	59.41	31.16	500m:	5:13.36	32.31	900m:	9:31.41	32.34	1300m:	13:49.43	32.17
150m:	1:30.71	31.30	550m:	5:45.53	32.17	950m:	10:03.90	32.49	1350m:	14:21.29	31.86
200m:	2:01.78	31.07	600m:	6:17.88	32.35	1000m:	10:36.52	32.62	1400m:	14:52.55	31.26
250m:	2:33.13	31.35	650m:	6:50.07	32.19	1050m:	11:08.53	32.01	1450m:	15:22.67	30.12
300m:	3:04.68	31.55	700m:	7:22.46	32.39	1100m:	11:41.02	32.49	1500m:	15:52.26	29.59
350m:	3:36.63	31.95	750m:	7:54.56	32.10	1150m:	12:13.21	32.19			
400m:	4:08.83	32.20	800m:	8:26.73	32.17	1200m:	12:45.14	31.93			

