



# Кубок Владимира Сальникова

## VII international swimming competitions Vladimir Salnikov Cup

26

, 400m

21.12.2013 - 10:59

World Records	3:54.52	BELMONTE GARCIA Mireia	ESP	Berlin (GER)	11.08.2013
European Records	3:54.52	BELMONTE GARCIA Mireia	ESP	Berlin (GER)	11.08.2013

: FINA 2013

							R.T.				FINA	
1.			1999				RUS +0,75		<b>4:16.02</b>		771 A	
	50m:	29.42	29.42	150m:	1:35.05	33.13	250m:	2:40.77	32.74	350m:	3:45.60	32.17
	100m:	1:01.92	32.50	200m:	2:08.03	32.98	300m:	3:13.43	32.66	400m:	4:16.02	30.42
2.			1996				NED +0,59		<b>4:16.32</b>		769 A	
	50m:	29.56	29.56	150m:	1:34.20	32.11	250m:	2:38.64	32.47	350m:	3:43.62	32.12
	100m:	1:02.09	32.53	200m:	2:06.17	31.97	300m:	3:11.50	32.86	400m:	4:16.32	32.70
3.			1994				RUS +0,94		<b>4:16.33</b>		769 A	
	50m:	29.80	29.80	150m:	1:34.93	32.82	250m:	2:40.15	32.73	350m:	3:45.42	32.35
	100m:	1:02.11	32.31	200m:	2:07.42	32.49	300m:	3:13.07	32.92	400m:	4:16.33	30.91
4.			1997				RUS +0,90		<b>4:17.27</b>		760 A	
	100m:	1:02.31	1:02.31	200m:	2:07.09	32.69	300m:	3:12.72	32.83	400m:	4:17.27	31.69
	150m:	1:34.40	32.09	250m:	2:39.89	32.80	350m:	3:45.58	32.86			
5.			1997				RUS +0,82		<b>4:17.28</b>		760 A	
	50m:	30.26	30.26	150m:	1:36.06	32.78	250m:	2:40.80	32.12	350m:	3:45.73	32.43
	100m:	1:03.28	33.02	200m:	2:08.68	32.62	300m:	3:13.30	32.50	400m:	4:17.28	31.55
6.			1995				RUS +0,66		<b>4:19.39</b>		742 A	
	50m:	30.58	30.58	150m:	1:35.91	32.61	250m:	2:40.95	32.74	350m:	3:46.95	33.04
	100m:	1:03.30	32.72	200m:	2:08.21	32.30	300m:	3:13.91	32.96	400m:	4:19.39	32.44
7.			1992				RUS		<b>4:19.40</b>		742 A	
	50m:	30.24	30.24	150m:	1:35.17	32.67	250m:	2:41.29	32.91	350m:	3:47.85	33.31
	100m:	1:02.50	32.26	200m:	2:08.38	33.21	300m:	3:14.54	33.25	400m:	4:19.40	31.55
8.			1995				RUS +0,77		<b>4:19.64</b>		740 A	
	50m:	30.70	30.70	150m:	1:35.80	31.98	250m:	2:42.08	33.31	350m:	3:49.16	33.68
	100m:	1:03.82	33.12	200m:	2:08.77	32.97	300m:	3:15.48	33.40	400m:	4:19.64	30.48
9.			1996				RUS +0,75		<b>4:19.71</b>		739 R	
	50m:	29.73	29.73	150m:	1:34.45	32.73	250m:	2:40.69	33.13	350m:	3:47.45	33.38
	100m:	1:01.72	31.99	200m:	2:07.56	33.11	300m:	3:14.07	33.38	400m:	4:19.71	32.26
10.			1997				RUS +0,66		<b>4:19.77</b>		738 R	
	50m:	29.47	29.47	150m:	1:35.58	33.30	250m:	2:43.11	33.53	350m:	3:49.80	32.44
	100m:	1:02.28	32.81	200m:	2:09.58	34.00	300m:	3:17.36	34.25	400m:	4:19.77	29.97
11.			1995				RUS +0,60		<b>4:20.79</b>		730	
	50m:	30.34	30.34	150m:	1:36.55	33.14	250m:	2:42.94	33.14	350m:	3:48.82	32.84
	100m:	1:03.41	33.07	200m:	2:09.80	33.25	300m:	3:15.98	33.04	400m:	4:20.79	31.97
12.			1996				RUS		<b>4:21.28</b>		726	
	50m:	30.34	30.34	150m:	1:35.45	32.61	250m:	2:41.50	32.85	350m:	3:48.02	33.23
	100m:	1:02.84	32.50	200m:	2:08.65	33.20	300m:	3:14.79	33.29	400m:	4:21.28	33.26
13.			1996				RUS +0,94		<b>4:21.89</b>		721	
	50m:	29.92	29.92	150m:	1:35.63	33.13	250m:	2:42.89	33.71	350m:	3:49.99	33.39
	100m:	1:02.50	32.58	200m:	2:09.18	33.55	300m:	3:16.60	33.71	400m:	4:21.89	31.90
14.			1994				RUS +0,92		<b>4:22.08</b>		719	
	50m:	29.77	29.77	150m:	1:35.69	33.17	250m:	2:42.39	33.33	350m:	3:49.63	33.85
	100m:	1:02.52	32.75	200m:	2:09.06	33.37	300m:	3:15.78	33.39	400m:	4:22.08	32.45
15.			1992				RUS +0,86		<b>4:22.70</b>		714	
	50m:	30.04	30.04	150m:	1:35.82	33.40	250m:	2:43.12	33.70	350m:	3:50.47	33.68
	100m:	1:02.42	32.38	200m:	2:09.42	33.60	300m:	3:16.79	33.67	400m:	4:22.70	32.23
16.			1996				RUS +0,63		<b>4:22.89</b>		712	
	50m:	29.78	29.78	150m:	1:35.04	33.05	250m:	2:42.43	34.06	350m:	3:50.40	34.25
	100m:	1:01.99	32.21	200m:	2:08.37	33.33	300m:	3:16.15	33.72	400m:	4:22.89	32.49





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							R.T.			FINA		
17.				1997				RUS +0,65	<b>4:23.09</b>	711		
	50m:	30.62	30.62	150m:	1:36.10	32.88	250m:	2:43.08	33.35	350m:	3:50.65	33.75
	100m:	1:03.22	32.60	200m:	2:09.73	33.63	300m:	3:16.90	33.82	400m:	4:23.09	32.44
18.				1998				RUS +0,86	<b>4:23.90</b>	704		
	50m:	30.64	30.64	150m:	1:36.73	33.27	250m:	2:44.86	34.23	350m:	3:53.12	33.76
	100m:	1:03.46	32.82	200m:	2:10.63	33.90	300m:	3:19.36	34.50	400m:	4:23.90	30.78
19.				1996				RUS +0,69	<b>4:25.62</b>	691		
	50m:	29.86	29.86	150m:	1:36.22	33.76	250m:	2:44.34	34.11	350m:	3:53.09	34.36
	100m:	1:02.46	32.60	200m:	2:10.23	34.01	300m:	3:18.73	34.39	400m:	4:25.62	32.53
20.				1995				RUS +0,74	<b>4:25.99</b>	688		
	50m:	30.84	30.84	150m:	1:37.11	33.24	250m:	2:44.42	33.57	350m:	3:52.44	34.16
	100m:	1:03.87	33.03	200m:	2:10.85	33.74	300m:	3:18.28	33.86	400m:	4:25.99	33.55
21.				1994				RUS +0,86	<b>4:29.24</b>	663		
	50m:	31.56	31.56	150m:	1:39.52	34.12	250m:	2:47.41	34.11	350m:	3:55.27	33.94
	100m:	1:05.40	33.84	200m:	2:13.30	33.78	300m:	3:21.33	33.92	400m:	4:29.24	33.97
22.				1995				RUS +0,84	<b>4:30.00</b>	658		
	50m:	30.47	30.47	150m:	1:38.49	34.57	250m:	2:48.58	34.98	350m:	3:57.63	34.26
	100m:	1:03.92	33.45	200m:	2:13.60	35.11	300m:	3:23.37	34.79	400m:	4:30.00	32.37
23.				1996				RUS +0,73	<b>4:30.49</b>	654		
	50m:	31.28	31.28	150m:	1:39.08	34.28	250m:	2:48.10	34.47	350m:	3:57.14	34.48
	100m:	1:04.80	33.52	200m:	2:13.63	34.55	300m:	3:22.66	34.56	400m:	4:30.49	33.35
24.				1995				RUS +0,87	<b>4:37.08</b>	608		
	50m:	31.08	31.08	150m:	1:40.43	35.09	250m:	2:50.79	35.51	350m:	4:02.13	35.84
	100m:	1:05.34	34.26	200m:	2:15.28	34.85	300m:	3:26.29	35.50	400m:	4:37.08	34.95

